



SAINT ANNE'S CHURCH

3545 Kennedy Blvd., Jersey City, NJ 07307
Tel: 201-360-0838 Fax: 201-721-5996
st.annepray4us@gmail.com www.stannesjc.com

March 23, 2014
Third Sunday of Lent

Pastoral Team	
Very Rev. Nigel R. Mohammed, V.F.	Parish Priest
Rev. John Ranieri	Pastoral Associate
Ms. Begonia Jensen	Adult Education (RCIA)
Mrs. Cristina Pardo	(RCIA Spanish)
Mrs. Georgene DeBenedetto	Admin. Assistant
Mr. Greg Gonzales	Festival Committee
	Chairperson
Mr. James Kokowski	Sexton
Ms. Mary Yori	Sexton
Ms. Joy Krieger	Liturgies and Devotions
Lt. James Carroll	Trustees
Mrs. Judith Waddleton	
Religious Education Program: Please contact rectory!	

Weekly Planner

The information in the weekly planner for this week was not available when we went to press for this bulletin. Please contact the parish office for an update.

**SUNDAY 3/23 • THIRD SUNDAY OF LENT
INTERNATIONAL DAY OF THE UNBORN**
10 AM–Noon CCD in session
All Masses Fr Delgado C. Ss. R. speaks of
Cross Catholic Outreach
8 PM "The Way of the Cross" Church

TUESDAY 3/25 SOLEMNITY OF THE ANNUNCIATION



FRIDAY 3/28
1:00 PM Stations of the Cross Church
5 PM–8 PM H.N.S. Lent Fish Fri Cent Hall
7 PM Stations of the Cross Church

SATURDAY 3/29
8:45 AM Atlantic City Trip (part of the St. Anne's Festival Fundraising Events)
Departure from Church
3:00 PM Legions of Mary ACIES
St. Anthony's Church

SUNDAY 3/30 • FOURTH SUNDAY OF LENT
10 AM–Noon CCD in session

Celebration Of The Eucharist in Church

Saturday Evening: English 5:30 PM
(anticipating Sunday) Misa Español 7 PM
Sunday 8 AM, 10 AM, 12 Noon

Celebration Of The Eucharist in Convent

Monday thru Saturday:
Communion Service (except Saturdays) 7 AM
Mass 9 AM
Wednesday:
Mass 7 PM

10 Good Habits for Lent

- Begin each morning with the prayer: "Lord, I offer you this day, and all that I think, and do, and say."
- Attend Daily Mass as often as possible.
- Pray the Sorrowful Mysteries of the Rosary.
- Make the Stations of the Cross at home or in a parish celebration.
- Read Scripture for 10 minutes every day.
- Pray the Seven Penitential Psalms (Psalm 6, 31, 50, 101, 129 and 142).
- Spend some time in quiet prayer before the Blessed Sacrament.
- Abstain from meat for an extra day or two each week.
- Listen to spiritual music or a spiritual speaker.
- Keep a Lenten journal with your spiritual insights, special intentions, people you want to pray for, hurts and disappointments that you want to offer up.

Receive the grace of experiencing God's Merciful Love in Reconciliation

If you haven't gone to confession in a while, Lent is the perfect time to reconcile yourself with God and the Church. Most parishes have communal penance services with prayers and Scripture readings, followed by the opportunity for individual confession (a necessity for absolution of mortal sins). Or you can also make a private appointment with a priest.

Preparation for confession should include an examination of conscience, which means you think back on sins you have committed since your last confession.

What happens during confession depends on the priest and the person. Most people still start with the formula: "Bless me, Father, for I have sinned. It has been (state the number of months or years) since my last confession."

If you can't remember the words or you don't recall how long it's been, don't worry. Just tell the priest it's been a long time, and he will guide you through the process.

What you will experience is the healing gift of God's love, the chance to start over with a clean conscience, and an overwhelming sense of gratitude.

Prayer before Confession

O most merciful God! Prostrate at your feet, I implore your forgiveness. I sincerely desire to leave all my evil ways and to confess my sins with all sincerity to you and to your priest. I am a sinner, have mercy on me, O Lord. Give me a lively faith and a firm hope in the Passion of my Redeemer. Give me, for your mercy's sake a sorrow for having offended so good a God. Mary, my mother, refuge of sinners, pray for me that I may make a good confession. Amen.

Act of Contrition

Oh my God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.
Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy. Amen.

Sacrament of Penance

Saturdays in Church 5 PM
or by Appointment

This Sunday's Readings

First Reading: Exodus 17:3-7
Second Reading: Romans 5:1-2, 5-8
Gospel: John 4:5-42

This Week's Readings

Monday 2 Kgs 5:1-15ab/Lk 4:24-30
Tuesday Is 7:10-14; 8:10/Heb 10:4-10/Lk 1:26-38
Wednesday Dt 4:1, 5-9/Mt 5:17-19
Thursday Jer 7:23-28/Lk 11:14-23
Friday Hos 14:2-10/Mk 12:28-34
Saturday Hos 6:1-6/Lk 18:9-14

Mass intentions

Monday, March 24, 2014

9 AM Felix Otero
(Mildred Bombich)

Tuesday, March 25, 2014

Solemnity of the Annunciation

9 AM † Vincenzo Vacca
(Wife & Children)

Wednesday, March 26, 2014

9 AM † Vincenzo Vacca
(Wife & Children)

7 PM Special intention
(OL Perpetual Help Group)

Thursday, March 27, 2014

9 AM † Maria DiSalvo
(Manzo Family)

Friday, March 28, 2014

9 AM † Roy Maglori
(St. Joseph Morning Prayer Group)

Saturday, March 29, 2014

9 AM † Rodita Candelaria
(Balleras Family)

5:30 PM † Gloria Perez
(Lucille Desarno)

7 PM † Rosa Diaz
(Daughter)

Sunday, March 30, 2014

8 AM † Frances J. Kakowski
(James)

10 AM † Milagros Arca
(Ralph & Sallie Donato Family)

12 Noon † Louise Altomonte
(Anthony Tornabe & Family)

Sanctuary Gifts

For the week of March 23rd–29th 2014 the gifts are offered in memory of:

Altar Wine **Elinisia Rodriguez**
(Parish intention)

Altar Bread **Marie Sernio**
(Parish intention)

Sanctuary Lamp **Lilibeth Revilla**
(Parish intention)

Altar Candles **Henry Engleke**
(Parish intention)

Praying for the Sick

People will remain on sick list for 2 weeks unless otherwise notified:

Gloria Smallwood ● Carol Jordan ● Anthony Biggio ● Sammy DeLeon ● Shane Quinn ● Alice Daly ● Sadie Krieger ● Emilie Jaworowski, ● Dolores DelMonte ● Bill Waddleton Sr. ● Dianne O'Sullivan ● Carl Carlson ● Larry Bello ● Miyuki Campbell ● Dennis Reilly ● Diane Albert ● Connie Ann Bichuniak ● Joseph Callandrillo ● Julia Annicchiarico ● Albert Tarantula ● Marie Carlson ● Meghan Connaughton ● Tina DelGiodice

Martha Ministry

Martha was the sister of Mary and Lazarus. She is best known for taking care of the household chores while Mary sat at the feet of Jesus and listen to him. We all know that we need to take time to listen and learn from Jesus as Mary did in the Gospel. However, the household chores must still be done. We are looking for volunteers who can help clean our church one Saturday a month, following in the footsteps of Martha. **Please contact Georgene at the rectory.**

Anniversaries 5-25-50

Once again this year the Archdiocese of Newark will continue the tradition of honoring couples who will be celebrating five, twenty-five and fifty year of christian marriage in 2014. The anniversary liturgies will be celebrated by Archbishop John J Myers in the Cathedral Basilica of the Sacred Heart in Newark on April 6, 2014 for couples reaching 50 years, and May 4, 2014 for 25 years and 5 years. **Registrations for couples should be made via the Rectory.**

St. Anne's Festival 2014

Festival Committee Members have begun meeting, making plans for this year's Festival — happening July 25,26,27, 2014!

The Festival Meetings are held in Centennial Hall at 7 PM. The next meeting will be held on April 8th. We welcome NEW MEMBERS; looking forward to seeing some new faces!

Fundraising Events 2014

■ Atlantic City Trip — March 29

Showboat Hotel & Casino. 8.45am from 3545 Kennedy Bld, JC. Price: \$35—Casino refund: \$20.

Please join us and enjoy the food while in the bus. All reservation must be paid in advance, checks payable to St. Anne's festival. For ticket reservation, please call:

Lou Mallari 201-656-6567

Mary Stewart 201-653-6717

Rectory 201-360-0838

Greg Gonzales 201-736-5844

Thank you for your support!

■ A Nite At The Races — April 26 in Centennial Hall

Lenten Fish Fri

Our Lenten Fish Fri will be held on Fridays during Lent at 5 PM - 8 PM in the Centennial Hall: March 28, April 4, and 11. The price is \$7 in advance; \$8 at the door. Tickets are on sale at the rectory ONLY.

MENU: Fish, Fries, Cole Slaw, Tartar Sauce & Drink (Dine-in or Take-out)

We look forward to enjoying the company of our fellow parishioners and neighbors during this most holy season.

Note: If you are attending the Stations of the Cross, please notify the kitchen staff BEFORE ATTENDING STATIONS. Thank you.

Catholic Outreach

Father Lenny Delgado, C.Ss.R.



will be visiting our parish this weekend to speak at all the Masses on behalf of Cross Catholic Outreach which was founded to create a meaningful link between parishes in America and the priests and nuns working in the Church overseas in the Caribbean, Africa, Asia, Central and South America.

H & R Block Fundraiser for the Serra Club



H & R Block is having a fund raising program for the Serra Club of Hudson County #1064. Any new client using H & R Block to prepare their taxes and bringing in this bulletin or mentioning referral #400.100.01078748 H & R Block will make a \$20 donation for vocations. A new client is defined as anyone who did not have their taxes prepared by H & R Block last tax season.

The program runs January 1st through April 15th.

The Way of the Cross

Today March 23 at 8 PM in St. Anne's Church, the Franciscan Mystery Players will present their moving version of "The Way of the Cross". Written by Franciscan Father Francis Pompei, the mystery play is not a 'play' in the common sense, but in fact, a prayerful experience that uses special lighting, a stirring soundtrack, pantomime actions and an inspirational narration to portray the Stations of the Cross in a manner that invites each viewer to contemplate the meaning of the Passion and how it relates to their life today. The group is comprised of teens and adult advisors from several parishes in the Paterson Diocese.

Adults and teens are encouraged to attend this special Lenten experience. We suggest you arrive 15 minutes early. "Free Will Offering"

Volunteer Needed

We need a parishioner to lead the "Stations of the Cross" every Friday at 1:00 PM and 7:00 PM. Any volunteer, please call the rectory. Thank you. **Note: all volunteers need to be in compliance with "Protecting God's Children". Please contact Georgene at the rectory.**

“I smoked a pack of Camels, unfiltered—the ‘short’ pack, everyday, for many years.

I hated smoking. Even when it was socially acceptable, I didn't like what it did to me and my surroundings. The nicotine depressed my mood; it brought me 'down' (not coincidentally, this is when I started drinking coffee, to 'perk' me up). I didn't like the taste it left in my mouth or the stains it left on my fingers either, but the one thing I couldn't stand about smoking was that the smell got into everything. Everything. Clothes, furniture, cars, walls, carpeting, pillows, no substance escaped.

The only way to avoid the ubiquitous cigarette smell, short of quitting, was to ensure that once a cigarette was lit, the smoke did not come into contact with anything but my lungs and then immediately sucked outside. And so my love affair with low profile window fans and heavy duty garbage bags began. The objective was simple - from lighting up to crushing out, get the cigarette smoke outside. The method, not so simple. Basically, whenever I wanted to smoke, I did so either stooping or sitting right in front of a window fan set on 'exhaust' so that the smoke would get sucked out the window. It had to be a low profile window fan, not a box fan, because the low profile came with the extendable flaps so that it could be custom fitted to the width of the window thereby preventing 'blowback'; i.e, the exiting smoke doing a u-turn and returning through the exposed sides around the fan. Even better if the fan came with a pollen catcher, a flimsy piece of foam that covered the side of the blade compartment facing inside to prevent the wind from blowing the smoke back into the room. The ashtray on the sill in front of the fan, I stooped or sat right in front of the ashtray in which the lit cigarette reclined after each puff, and whenever I had to move around the room. Drags were carefully expressed through the fan, never carelessly into the room. After the first few uses the fan itself would stain from the smoke and nicotine so that if left in the window when not in use it exuded the cigarette smell. So, after each cigarette, or, if I could spare more time and have more than one, after each use, the fan had to unplugged, removed from the window, flaps retracted, and placed in a large, heavy duty garbage bag which was then tied up and placed in the coat closet in another room. Ashes were immediately flushed down the toilet, ashtray was thoroughly washed with

dish soap and dried. Whenever I needed to smoke, the procedure was reversed; fan had to be unpacked, flaps extended, fitted to window, plugged in, ashtray in place before a cigarette was removed from the pack, then retrace the steps afterward. This took place many times, every day, until I finally quit, hopefully for good, a few years ago.



I did not like the act of smoking. I did not like what it did to me on a chemical level and I abhorred what it did to my surroundings on a sensory level. The preparations involved before and after smoking became tedious, but when I cut corners I relearned why it was so involved. Smoking was burdensome to me, but I smoked to cope. To cope with the anxieties in life, to cope with the pressure of expectations; to cope with the disappointment of not meeting expectations; to cope with financial concerns, health concerns, relationship troubles, laziness, restlessness, nerves, boredom, the list goes on.

Jesus saves because he reaches out and touches the problem, not the pathologies surrounding it, these are mere symptoms, her way of smoking; what she does to cope. It is not about how many husbands she's had, or that she's dabbling in the world's oldest profession. It is not about the meeting of a Jew and a Samaritan (mortal enemies in Jesus' day). It is, as he says so plainly, about understanding and truth. Why do we live? What are we living for? The money? The sex? The fame? The power? The good opinion of others? The opportunity to mold others in our own image? The cigarettes, the alcohol, the other drugs? Jesus reads

her (and us) like a book and she is stunned out of her jadedness, her complacency, her indifference, her anxiety.

She is awake, aware that she is alive and that her life reflects the choices she makes. She is free. Free to choose and to live by her own choices. Should she choose to continue working on husband number 6? Should she

choose to barter sex for favors? It is up to her, but she first has to confront the truth. She has to understand for herself, what it is she lives for, what gets her out of bed on mornings? Is it that first cigarette of the day? Or is it something that gives meaning and purpose to every day she manages to stay alive?

In the end she changes her mind, a sure sign of conversion.

She came to the well like a grown up, certain she knew what life was all about. Jesus, in contrast, seemed the naïf, the one with no clue, her junior with no 'play,' only clumsy attempts.

She left the well like a child, in awe and wonder, enthused to share her story with others, eager to send them on to him.

Did she leave the man she was shacking up with? Did she find the man of her dreams and remarry? Or did she find herself hanging around that well at high noon again? We don't know. That is none of our business. That is between her and Jesus. What is important for us to know is that when she left the well that day, she had come alive. She understood the difference between coping with life, and living life.

She chose to live it. —NRM



The Rite of Christian Initiation of Adults (RCIA) is the process through which interested adults are gradually introduced to the Roman Catholic faith and way of life.

If you are 18 years or older and are interested in becoming a Catholic or receiving the sacraments of Confirmation and/or First Holy Communion, please call Cristina Pardo at 201-759-6217 for further information and to register as soon as possible.

El Rito de Iniciación Cristiana para Adultos (RICA) es el proceso a través del cual adultos interesados son introducidos a la Fe Católica y su modo de vida poco a poco.

Si usted tiene 18 años o más y está interesado en ser Católico o recibir los sacramentos de Confirmación y/o Primera Comunión, favor de llamar a Cristina Pardo al 201-759-6217 para mayor información y registrarse lo más pronto posible.

Religious Education

The religious education office is located in St. Anne's Rectory - 3545 Kennedy Blvd.

Office Hours: Monday thru Wednesday - 9 AM to 5 PM, Sunday 9 AM-12 Noon.

All children attend the 10 AM Mass; Dismissal is 12 Noon from Nelson Avenue exit

- **March 23** – CCD IN SESSION
- **March 30** – CCD IN SESSION

Youth Ministry & Confirmation Prep

On April 25-27, the Office of Youth and Young Adult Ministry will be hosting the 2nd "Continuing the Journey" conference for those that work, volunteer and minister to youth in the diocese. Registration is open until April 1. *For more information, please go to newarkoy.com*

InterFaith discussions

On April 7 at 7:30 PM the Interreligious Commission of the Archdiocese of Newark is co-sponsoring with the North Jersey Christian/Muslim Project an evening on "The Dignity of the Human Person from a Muslim and a Roman Catholic Perspective" at the Islamic Center of Passaic County, 152 Derrom Ave. Paterson. *For more information: Sr Joanne Riggs, smic at 973-653-3323*

March 23

International Day of the Unborn

Catholics are invited to join in prayer for life as Knights of Columbus, the Order of Malta and Respect Life Ministry gather at Queen of Peace Parish with Bishop Charles McDonnell to offer a Mass for the Unborn. An estimated 54 million babies were aborted since Roe vs. Wade. Below are some resources focused on healing.

How to Talk to a Friend Who's Had an Abortion

"One night my best friend in high school called me, totally in tears... She told me she got pregnant her first semester at State and let her boyfriend talk her into an abortion. It was the baby's due date the night she called... What could I say? I had no clue how to deal with this. Growing up we were both pro-life. ...I told her to try to get over it and think about her future. And I thought she was just being dramatic when she said she didn't have a future anymore. But I found out that, a few days later, she tried to kill herself. I keep wishing I had said something that could have helped her instead of making her feel more alone." —Andie

...There are ways to avoid the mistake Andie made. Ways that may help your friend be hopeful again about her future." Visit hopeafterabortion.com to read the full article in English or esperanzaposaborto.com to read the full article in Spanish.

If you or someone you know is in need of healing following an abortion, please contact www.HopeAfterAbortion.org or 888-456-HOPE (4673).

Post Abortion Ministry Workshops and Retreats

Many don't realize that post-traumatic stress is the untold story of abortion. There are literally millions of women and men who, too often silently and alone, suffer some of the most serious psychological and spiritual consequences of contemporary society's disregard for the sanctity of human life and the sacredness of human sexuality. Those who join this caravan of faith find hope and confidence in the fact that regardless of how long their healing takes, regardless of the battles fought, won or lost, they have a community of people to whom they can turn in time of need. **For more information contact: Sisters of Life Hope & Healing After Abortion at 866.575.0075 (toll free), email hopeandhealing@sistersoflife.org or visit the website: sistersoflife.org**

God's mercy has no limits for those who seek Him with a sincere and contrite heart. —POPE FRANCIS

High School Expo: 2 Days to explore Catholic High Schools Options
April 2, 7–8.30 PM in Paramus and April 3, 7–8.30 PM in Newark
WWW.CATHOLICSCHOOLSNJ.ORG

Bereavement Ministry Training

Are you interested in becoming part of the ministry to the bereaved in your parish? An eight-week training program is offered by the Office of Family Life Ministries of the Archdiocese of Newark and is now open for registration. Sessions begin in late March and continue into May. For class location, registration and fee information, please contact the Office of Family Life Ministries of the Archdiocese of Newark at 973-497-4327 or at mccormja@rcan.org

Pre-registration is required; class size is limited. Participants must meet the requirements of the Safe Environment Program of the Archdiocese of Newark.

Saint Dominic Open house / Summer program

Saint Dominic Academy, JC will host its spring Open House for grades 7-12 on Tuesday, May 6, 6–8 PM. girls in the 7th grade are encouraged to visit SDA as a "Freshman for a Day." Available dates and an application can be found at www.stdominicacad.com. Space is limited, so interested students should apply quickly. Information on the SDA Summer Rising Leaders Program for girls entering fifth, sixth, seventh and eighth grade can be found on the website. The deadline to register for the summer program is May 16, 2014. **Questions can be directed at any time to Andrea Apruzzese, Director of Saint Dominic Academy Admissions at 201-434-5938, ext. 14 or aapruzzese@stdominicacad.com.**

The Catholic Church Is Battling Sexual Abuse

While most media focus over the past ten or more years has been on the incidents of sexual abuse within the Church, little has been said about the many positive steps that the Catholic Church has taken to address the issue. Dioceses across the country, and especially the Archdiocese of Newark, have instituted compassionate outreach to victims and support services, training and background checks for staff and volunteers, training for children and youth, codes of conduct, reporting requirements to civil authorities, independent Review Boards to investigate allegations and recommend actions under Canon law for offenders, as well as other initiatives.

To date, the Catholic Church is the only youth-serving organization in the country – private or public – to undertake such a comprehensive program to create and pro-



mulgate safe environments for children and young people.

Independent auditors from the United States Conference of Catholic Bishops have found the Archdiocese of Newark to be fully compliant with the requirements of the Charter for the Protection of Children and Young People in every year since audits began in 2003.

Parents Grieving the Loss of a Child

The Office of Family Life Ministries of the Archdiocese of Newark sponsors three support groups for Parents Grieving the Death of a Child. Groups meet year 'round on the first Wednesday of each month at 7:30 PM (July and August at 7:00 PM) at St. Thomas the Apostle Parish Center, 60 Byrd Avenue, Bloomfield, and on the third Monday of each month at St. Peter the Apostle Parish Center, 445 Fifth Avenue, River Edge. The Support Group for Fathers Who Have Lost a Child meets quarterly at Notre Dame Parish Center, 359 Central Avenue, North Caldwell. **There is no preregistration for any of the groups, and there is no fee. For further information about meeting times and dates, please contact the Office of Family Life at 973-497-4327 or email mccormja@rcan.org. Please note: The next meeting of the Bloomfield group will be on April 9th instead of April 2nd.**

Parish Membership

Our Parish Family invites all of its members to participate fully in our spiritual and social life. Every family moving into the Parish is requested to register at the Rectory. Please notify the Rectory of any address change. Please fill out form below to become a parishioner of Saint Anne's Parish:

Name: _____

Email Address: _____

Full Mailing Address: _____

Phone: _____



Legion of Mary



The annual Legion of Mary ACIES will take place on Saturday, March 29 at 3:00 PM in St. Anthony Church, 8th Street and Central Avenue, Union City. ACIES is a Latin word which means “an army ranged in battle array”.

In an appropriate ceremony, the Legionaires – Active, Auxiliary and Junior – solemnly consecrate their fealty to Our Blessed Mother, as Queen and Commander of Mary's Army.

Please join us on Saturday, March 29, 2014

at 3:00 PM for a Procession and recitation of rosary and at 3:30 PM for Holy Mass.

Coffee/tea and cake will be served afterwards.

Marriage Renewal

The season of Lent is an ideal time for happily married couples to renew the joy of their marriages. The next Worldwide Marriage Encounter Weekend in our area will be held on March 28-30. Come and experience a dynamic weekend to refresh your soul and your relationship in this holy season. As the Church prepares for Easter, come and discover what God has planned for you in your marriage.

For more information and to apply, please call Mike and Eileen Morgan at 1-877-697-9963 X7 or 973-827-9606 or online at www.me.org.

Marriage annulment

An Annulment Information Evening is scheduled for Wednesday, April 9, 2014, at St. Stephen's Church, 141 Washington Avenue, Kearny, NJ, at 7:30 P.M. A member of the staff of the Tribunal of the Archdiocese of Newark will provide basic information about annulments; the requirements for annulments and how to begin the process of petitioning for an annulment. There will be an opportunity for questions at the session. *Pre-registration is not necessary, but for directions, please call the parish at (201) 998-3314.*

Charis Retreat NYC (Ignatian spirituality)

CHARIS NYC presents a peer-led, weekend Seekers' Retreat. Join other young adults seeking a deeper relationship with God. April 4-6, 2014 at the Linwood Spiritual Center, 50 Linwood Road, Rhinebeck, NY 12572 (\$275) *For more information: Email CharisRetreatNYC@gmail.com*

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